

Northeast Iowa Area Agency on Aging

February 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3/2020 Pizza Casserole Green Beans Warm Lemon Cake Milk Margarine	2/4/2020 Tuna Noodle Casserole Peas & Carrots Multi-Grain Bread Hot Sliced Peaches Milk Margarine	2/5/2020 BBQ Pork Rib Patty Hashbrown Casserole Coleslaw Wheat Hamburger Bun Hot Spiced Apples Chocolate Milk	2/6/2020 Creole Beef Whipped Potatoes Whole Kernel Corn Wheat Bread Pineapple Tidbits Milk Margarine	2/7/2020 Sweet & Sour Chicken Rice Beets Fortune Cookie Fresh Seasonal Fruit Milk
2/10/2020 Breaded Fish Fillet Whole Kernel Corn Stewed Tomatoes Hamburger Bun Fresh Seasonal Fruit Milk Tartar Sauce	2/11/2020 Salisbury Beef Whipped Potatoes Glazed Baby Carrots Baked Cookie Milk Margarine	2/12/2020 Pineapple Chicken Baked Sweet Potato Broccoli Dinner Roll Fresh Seasonal Fruit Milk Margarine (2)	2/13/2020 Roast Beef Brown Gravy Whipped Potatoes Green Beans Wheat Roll Frosted Cake Milk Margarine	2/14/2020 Chicken Noodle Soup Sliced Turkey & Cheese Green Pea Salad Wheat Roll Cottage Cheese & Pineapple Milk Mustard
2/17/2020 Baked Chicken Breast Lemon Dill Sauce Whipped Sweet Potatoes Green Beans Wheat Roll Baked Cookie Chocolate Milk	2/18/2020 Beef Chili with Beans Baked Potato Tossed Salad Saltine Crackers Mixed Fruit Cobbler Milk Margarine (2) Sour Cream Salad Dressing	2/19/2020 Potato Crusted Fish Macaroni & Cheese Mixed Vegetables Mandarin Oranges Milk Tartar Sauce	2/20/2020 Pork Loin Brown Gravy Bread Dressing Carrots Fresh Seasonal Fruit Milk	2/21/2020 Hamburger Patty Lettuce/Tomato/Onion Whipped Potatoes Hamburger Bun Hot Sliced Peaches Milk Ketchup
2/24/2020 Beef Spaghetti Casserole Carrots Green Peas Fresh Seasonal Fruit Texas Bread Milk Margarine	2/25/2020 Fat Tuesday Chicken & Sausage Jambalaya Whole Kernel Corn Cabbage with Carrots Cornbread Fluffy Fruit Salad Milk Margarine	2/26/2020 Ash Wednesday Potato Crusted Fish Green Beans Glazed Baby Carrots Baked Cookie Milk Tartar Sauce	2/27/2020 Beef Stew Green Beans Cornbread Pie Milk	2/28/2020 Potato Soup Tuna Salad Beet Salad Multi-Grain Bread Pineapple Tidbits Milk