



Iowa Café Menu

Breakfast

*All breakfast options will be served with choice of Coffee/Milk/Orange, Apple, or Tomato Juice**

1. Two Eggs, and Choice of Bacon, Ham or Sausage (Served with 2 slices of toast, potato, and 1 fruit)
2. Scrambled Eggs with Diced Ham (Served with 2 slices of toast, potato, and 1 fruit)
3. Deluxe Omelet (Ham, peppers, onions, mushrooms, and cheese) Served with 2 slices of toast
4. Veggie Omelet (Served with 2 slices of toast)
5. Egg Sandwich (Choice of bread: whole wheat bread or English muffin; choice of meat: sausage patty, bacon, or ham; Also with cheese and an egg) Served with 1 fruit and potato.

Lunch

- *All lunch options will be served with choice of Coffee/Milk/Orange, Apple, or Tomato Juice**
- *All sandwiches served with lettuce, tomato, and onions and 2 sides*

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| 6. Broiled Cod Fillet Sandwich | 15. Cheeseburger (1/4 lb) |
| 7. Grilled Chicken Breast Sandwich | 17. 1/2 Hot Beef (when available) |
| 9. Ham Sandwich | 18. Mushroom & Swiss Burger (1/4 lb) |
| 10. Chicken Salad Sandwich | 19. Chef Salad - Served with bread stick or dinner roll |
| 11. Egg Salad Sandwich | 20. Salad Bar |
| 12. BLT | 21. Side Salad with Bowl of Soup - Served with bread stick or dinner roll |
| 13. Pork Tenderloin (Grilled) | |
| 14. Hamburger (1/4 lb) | |

Sides

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| • Coleslaw | • Corn | • Mashed Potatoes with gravy |
| • Potato Salad | • Pea Salad | • Hash Browns |
| • Macaroni Salad | • Peaches | • American Fries |
| • Green Beans | | |

**Fruit juices can be considered a fruit option.*